Level of Suicide Risk

| Levels | Definitions | Indicators |
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| Low Risk | Student is demonstrating warning signs w/no intent to act & does not pose imminent danger to self; insufficient evidence of suicide potential. | Passing thoughts of suicide; no plan; no previous attempts; no access to weapons or means; no recent losses; support system is in place; no alcohol/substance abuse; some depressed mood/affect; evidence of thoughts found in notebooks, internet postings, drawings; sudden changes in personality/behavior (e.g., distracted, hopeless, academically disengaged). |
| Medium Risk | Self-harm behaviors threats, ideation, and/or prior attempts. May pose imminent danger to self, but there is insufficient evidence to demonstrate a viable plan of action to do harm. | Thoughts of suicide; plan with some specifics; unsure of intent; previous attempts and/or hospitalization; difficulty naming future plans; past history of substance use, with possible current intoxication; self-injurious behavior; recent trauma (e.g., loss, victimization). |
| High Risk | Poses imminent danger to self with a viable plan to do harm; exhibits extreme and/or persistent inappropriate behaviors; sufficient evidence for violence potential; qualifies for immediate arrest or hospitalization | Current thoughts of suicide; plan with specifics, indicating when, where and how; access to weapons or means in hand; finalizing arrangements (e.g., giving away prized possessions, good-bye messages in writing, text, on social networking sites); isolated and withdrawn; current sense of hopelessness; previous attempts; no support system; currently abusing alcohol/substances; mental health history; precipitating events, such as loss of loved one, traumatic event, or bullying. |

Suspected Child Abuse or Neglect If child abuse by a parent/guardian is suspected or there is reasonable suspicion that contacting the parent may escalate the student's current level of risk, and/or the parents/guardians are contacted and unwilling to respond, report the incident to the appropriate child protective services agency following the Child Abuse and Reporting Requirements. This report should include information about the student's suicide risk level and any concerning ideations or behaviors. The reporting party must follow directives, as indicated by the child protective services agency personnel.

Action Plan

| Level of Risk | Action Plan |
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| Low Risk | Determine cause of distress Assess student supports and resources Develop Student Protective Contract (if needed) Contact Parent & complete Safety Plan for Parent/Caregiver (if needed) Determine if parents is responsive to crisis intervention support. If parent is uncooperative, obtain signature on Suicide Prevention Notification Form (if needed) Notify school administrator. Monitor student throughout the day & determine if it is safe to release student to go home Provide student and parent with National Suicide Prevention Lifeline Number @ (800) 273-8255 & CCRT @ (909) 421-9233. Provide parent/guardian with CCRT flyer & information on Crisis Stabilization Unit (909) 361-6470. Notify the student's School Counselor and school psychologist if needed. Schedule a follow-up counseling appointment with the student within 24 hours to assess stability. Provide referrals for mental health counseling |
| Medium Risk | Do not leave the student alone at any point Contact CCRT for consultation Determine if the student has a means with them (Pills, Weapon etc.) attempt to retrieve the item but do not force the students to relinquish Notify School Administrator Provide support and attempt to determine cause of distress Encourage/acknowledge expression of feelings. Reassure the student of your support. Don't give advice or offer solutions Develop Student Protective Contract Call parents to pick up student for intervention Obtain signature on Suicide Prevention Notification Form. Determine if parent is responsive to crisis intervention support Provide student and parent with National Suicide Prevention Lifeline Number (800) 273-8255 & CCRT (909) 421-9233. Provide parent/guardian with CCRT flyer & information on Crisis Stabilization Unit (909) 361-6470. Schedule counseling appointment for follow-up with student and document below. Contact Parent within 24 hours to determine when student will return to school and develop a re-entry meeting Schedule follow-up counseling appointment with student within 24 hours to assess stability Provide referrals for mental health counseling |
| Extreme Risk | Do not leave the student alone at any point, & suicide proof environment Determine if parent is responsive to crisis intervention support & contact either CCRT or SRO/911 Calm the student & inform/prepare for CCRT/SRO/Law enforcement intervention Determine if the student has a means with them (Pills, weapon etc.) attempt to retrieve the item but do not force the students to relinquish Notify the school Administrator Encourage/acknowledge expression of feelings. Reassure the student of your support. Don't give advice or offer solutions Develop Student Protective Contract Document referral to support agency Before releasing to parent, document where student will be taken below Provide parent/guardian w/ Medical Clearance Form Follow up with referral agency to determine if student has arrived with support Call Police (911) if necessary if parent or student is resistant, combative, or attempts to flee Call CFS (800) 827-8724 and East Valley CCRT (909) 421-9233 if parent is uncooperative Contact the parent within 24 hours to determine when the student will return to school and schedule a re-entry meeting. Referral Agency: |